A lesson that can help others...

This project has demonstrated the importance of seeking the opinions of consumers, and also considering patient needs holistically. What patients find important to their quality of life is often different from what health professionals may assume is important to patients. It is also important to consider a patient's social care and assistance needs in addition to their medical needs, as often patients may not be able to follow medical advice because they require assistance with other aspects of their life, e.g., they no longer have the strength or stamina required to prepare healthy meals for themselves, or they may not be able to attend programs or services that would help them with their medical condition due to issues with transportation.

It's also important to have a driver or a champion to coordinate care and bring services together. Health services need to commit resources to ensure that collaborative links are maintained.