

The path that took us here

WA Healthy Weight Action Plan 2019 - 2024



Government of **Western Australia**
Department of **Health**



**WA Primary
Health Alliance**
Better health, together



PERTH NORTH, PERTH SOUTH,
COUNTRY WA
An Australian Government Initiative



**HEALTH CONSUMERS'
COUNCIL**
YOUR VOICE ON HEALTH

Where did it all start?

Origins – Bariatric Surgery

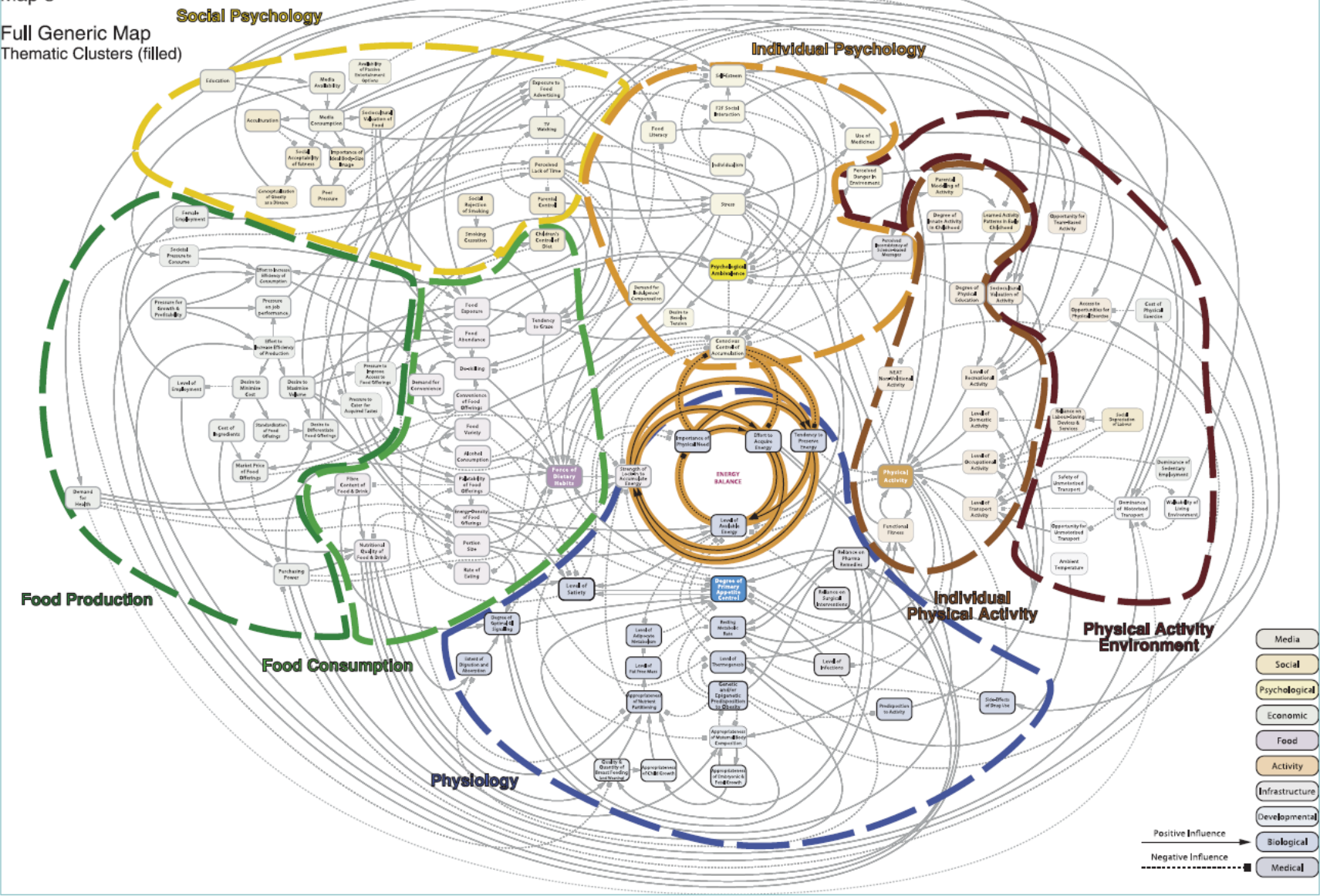
Pulled together a background paper detailing the evidence

We had GRAND plans of how to tackle the problem

And showed these to our initial group of stakeholders....



Map 5
Full Generic Map
Thematic Clusters (filled)



They said... its complicated!

We went back and asked
more questions

People

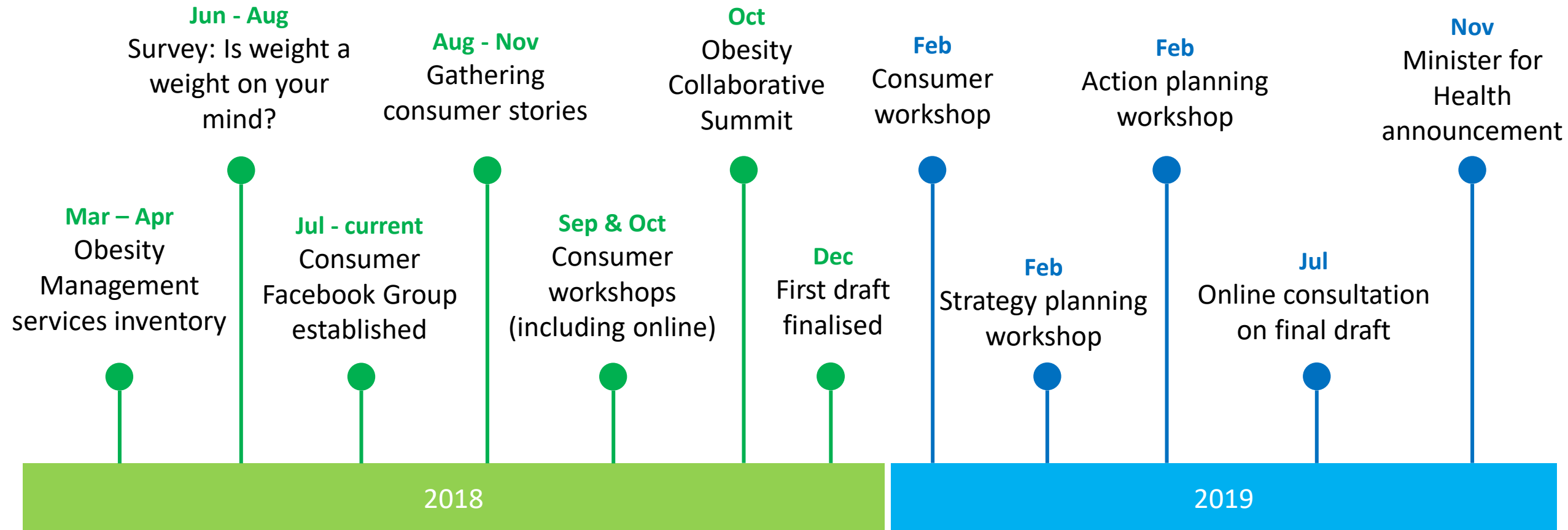
Service providers

Researchers

Policy Makers



The conversation journey



The Action Plan

WA Healthy Weight Action Plan 2019-2024

Taking action on early
intervention and
management for people
at-risk of or with overweight
and obesity



Framework for action



Critical building blocks

Collective
Action

Shared
measures &
transparency

Shared
aspiration

Funding and
investment

Action at all
levels

Engagement
and
partnerships

Building trust

Adaptable
governance

Culture and leadership

Strategic learning and
systems thinking

Action underway

Engaging with Health Consumers

Proof of Concept Total Meal Replacement

Quality Criteria and Outcomes based framework

Media guide

Workforce development



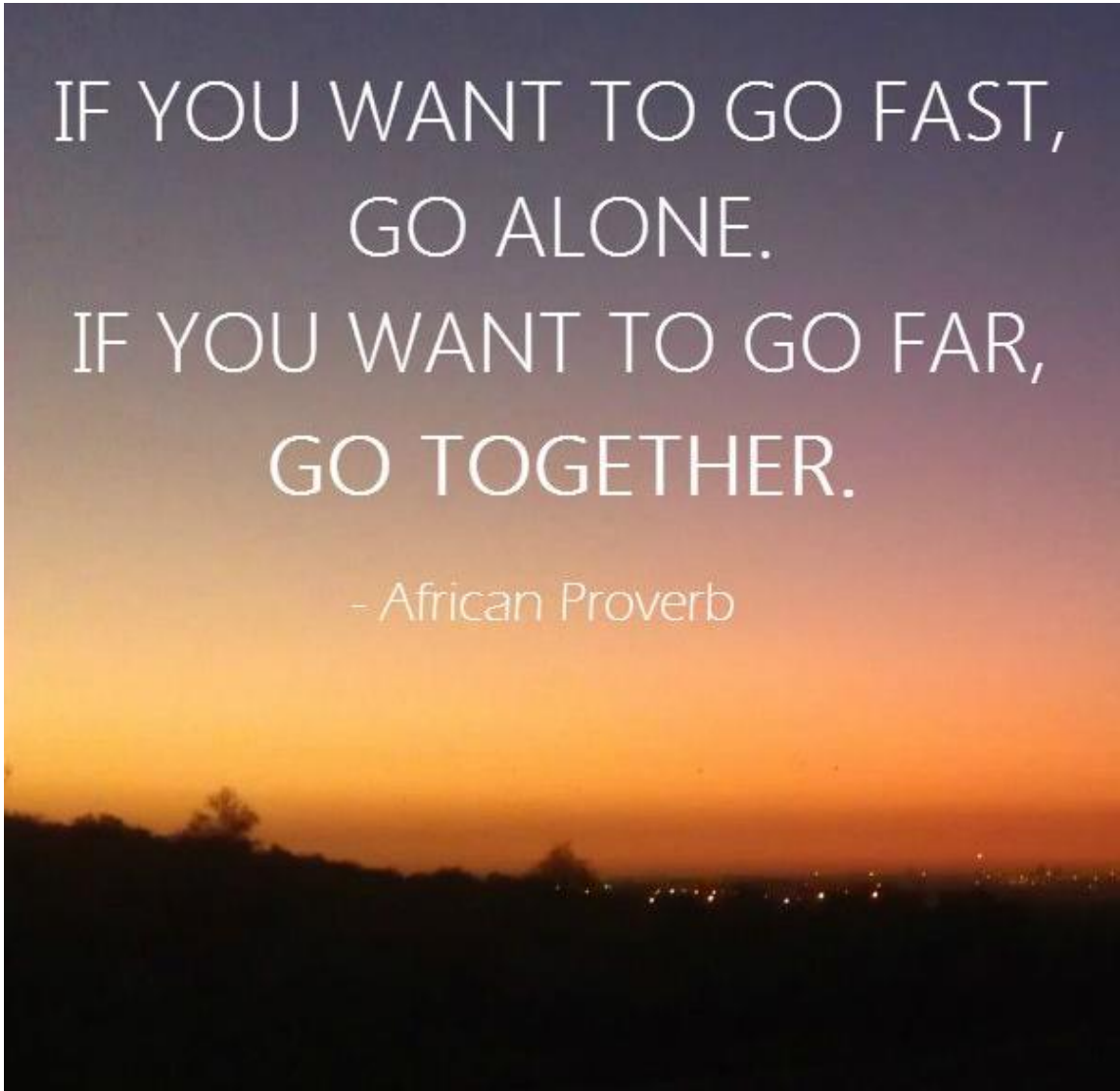
Next steps and opportunities

Obesity Collaborative



Thank you!

Obesity.Collaborative@health.wa.gov.au

A graphic featuring a sunset or sunrise over a dark landscape with distant city lights. The sky transitions from a deep orange near the horizon to a dark purple at the top. The text is centered in white, sans-serif capital letters.

IF YOU WANT TO GO FAST,
GO ALONE.
IF YOU WANT TO GO FAR,
GO TOGETHER.

- African Proverb