

## Participant Information Sheet

Exploring barriers and enablers to providing oral nutrition support to malnourished and frail patients in the community

Investigators: Shelley Roberts<sup>1,2</sup>  
Peter Collins<sup>3</sup>  
Megan Rattray<sup>2</sup>

<sup>1</sup>Allied Health Research, Gold Coast Hospital and Health Service

<sup>2</sup>School of Allied Health Sciences, Griffith University

<sup>3</sup>Dietetics and Food Services, Mater Health

Contact Person: Shelley Roberts

Address: School of Allied Health Sciences,  
Griffith University, Gold Coast Campus  
Southport, QLD 4222

Phone Number: 0449 690 293

Email: [s.roberts@griffith.edu.au](mailto:s.roberts@griffith.edu.au)

**Overview:** You are invited to participate in an interview around your experience with receiving nutrition care/support in the community. This study is being conducted by Griffith University and Danone Nutricia. It should take approximately 15-30 minutes to complete.

**Background and purpose:** We are designing an Australian and New Zealand (ANZ) guide for managing malnutrition and frailty in the community. We would like to hear your experiences and views around receiving oral nutrition support in the community. This information will help ensure the guide is relevant to the ANZ community.

**What does my participation involve?** If you agree to take part in this study, we will ask you some questions on your experiences with receiving nutrition support and advice from clinicians in the community. The questions will be asked in an interview that will take place via phone or videoconference, at a time and date convenient to you. The interview will take approximately 15-30 minutes and will be audio recorded. You can request a summary of the research findings by emailing investigator Dr Shelley Roberts on [s.roberts@griffith.edu.au](mailto:s.roberts@griffith.edu.au).

**Risks/discomfort:** We anticipate no foreseeable risk of harm or discomfort by participating in this research; any foreseeable risk is no more than possible inconvenience to you.

**Benefits:** Findings from this study will help inform the development of an ANZ guideline for the identification and management of malnutrition and frailty in the community; however, there may be no immediate or direct benefit to you.

**Withdrawing from the study:** Your decision whether or not to participate will not impact your relationship with Griffith University or Danone Nutricia. If you decide to participate, you are free to withdraw your consent and discontinue participation at any time. Personal data already collected will not be used unless you give specific permission for this to occur.

**Confidentiality:** Your confidentiality will be assured. The information provided by you for this study will be non-identifiable and stored on the Griffith Research Storage space system. Research data may be accessed by auditors, ethics committees or regulatory authorities and will be retained in a password protected electronic file at Griffith University for a period of five years from the date of the final publication before being destroyed.. Research data gathered from this study may be published, however, identifying data will not be used.

**Privacy Statement:** The conduct of this research involves the collection, access, storage and/or use of your identified personal information. The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. A de-identified copy of this data may be used for other research purposes, including publishing openly (e.g. in an open access repository). However, your anonymity will at all times be safeguarded. For further information consult the University's Privacy Plan at <http://www.griffith.edu.au/about-griffith/plans-publications/griffith-university-privacy-plan> or telephone (07) 3735 4375.

**Complaints:** This study has been approved by Griffith University's Human Research Ethics Committee. If you have any concerns about the conduct of the study, or your rights as a study participant, you may contact the Manager, Research Ethics on 07 3735 4375 or [research-ethics@griffith.edu.au](mailto:research-ethics@griffith.edu.au) and quote reference number: GU ref no: 2021/048).

**Contact:** If you have any further queries about this study, please contact Shelley Roberts on: [s.roberts@griffith.edu.au](mailto:s.roberts@griffith.edu.au).

**Verbal Consent:** If you decide to participate in this study, you will be asked to give your verbal consent at the beginning of the interview. By providing your verbal consent, you are agreeing that you:

- Have read and understand the above information;
- Agree to take part in the research; and

Consent to your interview data being used for the research purposes outlined here.