**Share your story around weight, it’s impact and using the health system for weight related issues**

*The headings below are only a guide – if you don’t want to share something under a heading, that’s no problem. If you’d rather use a different heading – that’s fine too. Please use more space if you need to, but ideally keep your story to no more than 2 pages. Thanks!*

**About me**

**About my weight experience**

**How I feel about my weight/how it impacts on me**

**My experience with the health system for weight related health issues**

**What the health system could do to support me**

**Anything else?**

Send your story to Rachel Seeley – [rachel.seeley@hconc.org.au](mailto:rachel.seeley@hconc.org.au)

**Please note**

We may share your story, or parts of your story, with people in the health system who are working to improve or develop policies or services that will support people to achieve their weight loss goals. We will not identify you in any way (by name, email address or anything else), unless you explicitly tell us you are happy to be identified.

If there is anything in your story above that you believe would identify you, and you don’t want that to be shared, please make sure you let us know.