

Information for Urgent Mental Health Issues

Your rights:

Mental Health Act 2014 Rights of Mental Health Service Consumers

Patient Rights & Responsibilities

Services that can help:

Mental Health Advocacy Service (involuntary consumers)

MHERL (Crisis support)

Helping Minds (advocacy for friends and family)

Carers WA (Advocacy and support for carers)

Consumers of Mental Health WA (individual support and information)

Mental Health Law Centre

Other Advocacy Services and Peak Bodies

Helplines

Peer Pathways (System Navigation)

Involuntary status information:

Why am I being admitted as an inpatient on an inpatient treatment order? S 25(1), MHA	Why am I being admitted on a community treatment order? S 25(2), MHA
1. You have a mental illness and you need treatment.	1. You have a mental illness and you need treatment.
 2. Your mental illness: Poses a significant risk to your own health or safety or another person's safety; or Puts you at a significant risk of serious harm, or of harming someone else. 	 2. Your mental illness: Poses a significant risk to your health or safety or another person's safety; or Puts you at a significant risk of serious harm, or of harming someone else. Puts you at a significant risk of suffering serious physical or mental deterioration.
3. You do not have the capacity to make treatment decisions for yourself.	3. You do not have the capacity to make treatment decisions for yourself.
4. It is not reasonable to provide you with treatment in the community.	4. You can be provided with reasonable treatment in the community.
 You cannot be provided with adequate treatment in a way that would involve less restriction on your freedom of choice and movement. 	 You cannot be provided with adequate treatment in a way that would involve less restriction on your freedom of movement and choice.

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Questions to ask about treatment and decisions:

- Is this necessary?
- What are the alternatives?
- Can I get a second opinion?
- What are the implications if I refuse?
- Have you discussed this with my treating team in the community?
- Can you explain what you mean?
- Can you tell me my rights?
- Can I speak with the Consumer Liaison? If not, who else can help address my concerns?
- What mental illness have you diagnosed me with?
- What treatment do you think I need?
- Does my mental illness pose a risk to my health or safety? What evidence do you have for this?
- Do I pose a risk to myself or other people? What evidence do you have for this?
- What evidence do you have that shows that I don't have the capacity to make my own treatment decisions? Note: Capacity is assumed unless proven otherwise.
- Can I access this treatment in the community? Do I have to be in hospital to access this treatment?
- Is there any less restrictive way that this treatment can be delivered? If so, can I access the treatment this way? If I can't, why?